



INDUS UNIVERSITY OF HEALTH SCIENCES
**INDUS COLLEGE OF NURSING AND
MIDWIFERY**



PROSPECTUS
2026 - 2027

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Welcome to Indus College Of Nursing And Midwifery



Indus College of Nursing & Midwifery (ICoNM) formerly known as Islamic Mission Trust School of Nursing, is the first academic unit of The Indus Hospital and Health Network. The College offers programs of diploma to undergraduate level of Nursing. In 1994, Mrs Amtul Anis laid the foundation of this institute & started it with a group of just 35 female students offering them 3-year General Nursing program. In 2009 BSN Generic and Post RN Midwifery programs were initiated. Which flagged its worth in the market. ICoNM Objectives:

1. To train the nurses in an environment where they excel professionally, ethically and morally in order to maintain the highest standards of the nursing profession.
2. To produce well qualified nurses to:
 - a. Establish a comprehensive community service to comply with health promotion and prevention activities.
 - b. Upgrade the institute; to offer facilities of higher level of education/ training in degree programs.

Vision

Our mission is to prepare competent, skillful and professional nurses through contextually relevant training, professional development and research, and enabling them to promote health and well-being and meet the health needs of the people of Pakistan and beyond.

Mission

ICoNM aspires to become an institution of distinction in nursing education through contemporary education, applied research, ethical practice and humanistic service.

Message from Dean

Year 2026-27 has seen IHHN move from expansion to evolution. We have enhanced our reach and for this building human capacity has been center stage as we want to shape the future of health delivery in Pakistan. Our efforts in the year just passed have been on improving educational content and means of delivery. We have successfully implemented the Campus Management System making all our processes in IUHS paperless. This is in keeping with the technological advancements as seen on the Hospital side too. Effort has been made to strengthen the faculty and much success has been achieved in this. Our student enrollments have gone up which is a testament of the faith parents have in our educational quality and its delivery.

The FY24-25 saw expansion of space and IUHS managed to occupy some areas made available from the hospital. This has brought us even closer to the new University building under construction which we hope to occupy Inshallah early next year.

The ensuing year saw much activity in research both by the students and faculty. I want to state here that IHHN is built on 3 pillars. Service, Education and Research. IUHS is playing a pivotal role in fulfilling the latter two. Research will be the focus for the next year and at IUHS we will build capacity and skills at all levels to increase research productivity in order to make IUHS a powerhouse of research InshaAllah.



Prof. Dr. Syed Zafar Zaidi
Dean IUHS

Message from Associate Dean

The past year has been a period of meaningful progress and strategic development. We are proud to highlight the successful implementation of the Campus Management System, a major milestone in streamlining academic and administrative functions across all colleges. This initiative reflects our continued commitment to digital transformation and operational efficiency.

We are also pleased to announce the commencement of the third batch of the Certificate in health professional education reaffirming our dedication to strengthening faculty development.

Looking ahead, we are actively working to embed research as a core component of our teaching mission. By integrating inquiry-based learning across all colleges, we aim to foster a culture of innovation and academic excellence that prepares students for impactful careers in health and science.

We extend our sincere thanks to our faculty, staff, and students for their contributions to this progress and look forward to building on this momentum in the coming year.

**Dr. Ghina Shamsi**

Consultant General Surgery

Associate Dean, IUHS

MBBS, MCPS, FCPS (Surgery)

MRCS (Glasgow), MHPE

Indus Hospital and Health Network

Message from Principal

It is a great pleasure and honor to share the Annual Report 2025-26 of Indus College of Nursing & Midwifery (ICoNM). Our students, faculty, and staff have been hard at work, and we are excited to provide complete information about our college, the nursing programs we offer, our students, graduates, and our accomplishments in this report. At Indus College of Nursing & Midwifery (ICoNM), we are committed to preparing excellent nursing professionals. Our goal is to advance nursing knowledge and promote health and well-being through excellence in nursing education, practice, research, and teaching innovation. We achieve this through strong teamwork and our core values of collaboration, innovation, diversity, professionalism, and compassion. We recognize the growing demand for highly-qualified nurses at both national and international levels in leadership roles, clinical care, teaching, and research. Our programs are designed with the belief that nurses can achieve a fulfilling career and a rewarding life while receiving their education at the ICoNM. ICoNM is one of the best nursing colleges in Pakistan. In addition to providing a conducive environment for learning with all necessary facilities, it also offers financial aid and hostel accommodations for students. Our faculty members are lifelong learners who stay current with changes in technology, health sciences, and teaching methodologies. They are fully capable of playing an essential role in reshaping and delivering quality healthcare. This Annual Report-2024 highlights all the salient features of Indus College of Nursing & Midwifery that can help you decide why ICoNM is the right choice for pursuing a career in nursing education. We look forward to helping you reach your career goals and become future healthcare leaders.



Hakim Shah
Principal,
Indus College of Nursing & Midwifery,
Indus University of Health sciences

Meet Our Faculty



Hakim Shah
Principal,
Indus College of Nursing & Midwifery



Mr. Danish Ali Siddiqui
Vice Principal
BSN, MSPH & MSN



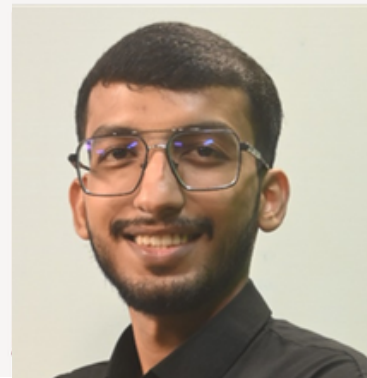
Mr. Muhammad Yousuf Bhatti
Assistant Professor
Post RN BSN, MSN



Ms. Komal Ammar
Demonstrator
Post RN BSM



Mr. Muhammad Rafiq Siyal
Assistant Professor
Post RN, MSN



Morish
Lecturer,
MS(Computer Science)



Mr. Ahtisham Parvez
Lecturer
BS-N, MBA (HHCM) & MHPE (Scholar)



Ms. Uzma Piam
Assistant Professor M.A English
Literature, M. phil Linguistics &
Ph.D (Scholar)



Mr. Irfan Soomaro
Lecturer
M. Phil Linguistics (Scholar)

Meet Our Faculty



Mr. Hafiz AMMAD Abdul Rab
Lecture
Shahdatul Almiya Fil Uloomal Arabic
wal Islamia



Ms. Urooj Naeem
Demonstrator
BSN



Mr. Muhammad Shafeeq
Demonstrator
Post RN, MSN



Mr. Hamid UL Haq
Lecturer
Post RN BSN



Ms. Kiran Irfan Senior
Lecture
Post RN, MSN (Scholar)



Mr. Imtiaz Ali
Senior Lecturer
Post RN BSN



Sofia Noreen
Sr. Lecturer,
Post RN BScN



Mr. Maqsood Alam
Lecturer
Post RN BSN, MSN (Scholar)



Ms. Asma Atif
Demonstrator
Post RN BSN

Meet Our Faculty



Ms. Kazia Ishaq
Demonstrator



Ms. Komal Ramzan
Demonstrator



Ms. Farhana Eric
Demonstrator

Ms. Kashaf Kali
Lecturer

Ms. Mehwish
Demonstrator

Program Offer

Program	Duration	Academic Eligibility
Bachelor of Science in Nursing (BSN)	4 - year degree program	Matriculation (Physics, Chemistry & Biology as compulsory subjects) HSSC (pre-medical) with a minimum of 50% marks (Physics, Chemistry & Biology as compulsory subjects) Migration certificate if HSSC completed outside Karachi Board Age: 17-35 years Sindh Domicile only.
Midwifery Program	2 - year diploma program	Matriculation (Biology, Chemistry & Physics as compulsory subjects); Age: 14-40 years Only for Female

Program Description

Bachelor of Science in Nursing (BS-N):

In line with Pakistan Nursing and Midwifery Council (PNMC), candidates may apply for the four-year BScN Programme if their age is within 14 years to 35 years on January 1, 2025. Marital status is not a consideration. Candidates applying to the BScN programmes should have completed the Higher Secondary School Certificate (HSSC) in the pre-medical group with a minimum of 50% or equivalent with biology, chemistry and physics. Candidates should have completed the Secondary School Certificate (SSC) or equivalent in the Science group with biology, chemistry and physics as compulsory subjects.

Community Midwifery (2-year diploma program):

Pakistan has one of the highest maternal mortality ratios in South East Asia. According to the available statistics over 80% of women deliver at home in Pakistan. Trained health professionals conduct 5% of these deliveries, the rest are delivered by a female who could be a Dai, a traditional birth attendant, a family member or a neighbor. Internationally accepted figures state that 85% of all births can be handled or conducted safely by properly trained midwives. Only 15% of women will develop complications requiring a higher level of professional skills. Most countries of the world have lowered their maternal mortality through the wider involvement the professional midwives

Curriculum

BS NURSING (BSN) – CURRICULUM 2024	
HEC Standardized Scheme of Studies Bachelor of Science in Nursing	
Program	Bachelor of Science in Nursing (BSN)
Duration	4 Years
Semesters	8
Total Credits	134
Semester Duration	16–18 weeks + 1–2 weeks examination
Attendance	85% (Theory) and 100% (Clinical)
Internship	1 year paid internship after completion of degree credits
Source	HEC Curriculum BSN-MSN 2024

BS NURSING (BSN) – DETAILED CURRICULUM						
HEC Standardized Scheme of Studies 2026 8 Semesters 134 Credit Hours						
S.No.	Course Title	Category	Theory	Clinical	Skills/Lab	Credits
SEMESTER I						
1	Microbiology	GE (NS)	1.5	-	0.5	02
2	Biochemistry	GE	1.5	-	0.5	02
3	English – Functional English	GE	03	-	-	03
4	Fundamentals of Nursing – I	Major	02	-	01	03
5	Anatomy & Physiology – I	Major	2.5	-	0.5	03
6	Ideology and Constitution of Pakistan	GE	02	-	-	02
7	Information and Communication Technology	GE	01	-	01	02
TOTAL CREDIT HOURS						17
SEMESTER II						
1	Fundamentals of Nursing – II	Major	02	01	01	04
2	Quantitative Reasoning – I	GE	03	-	-	03
3	Anatomy & Physiology – II	Major	2.5	-	0.5	03
4	Applied Nutrition	ID	02	-	-	02
5	Theoretical Basis of Nursing	GE (AH)	02	-	-	02
6	Islamic Studies / Ethics	GE	02	-	-	02
TOTAL CREDIT HOURS						16

Curriculum

BS NURSING (BSN) – DETAILED CURRICULUM

HEC Standardized Scheme of Studies 2026 | 8 Semesters | 134 Credit Hours

S.No.	Course Title	Category	Theory	Clinical	Skills/Lab	Credits
SEMESTER III						
1	Professional Communication Skills	GE	03	-	-	03
2	Clinical Pharmacology and Drug Administration –	Major	02	-	02	03
3	Medical Surgical Nursing – I	Major	03	03	01	07
4	Health Assessment – I	Major	01	-	01	02
5	Pathophysiology – I	Major	02	-	01	03
TOTAL CREDIT HOURS						17
SEMESTER IV						
1	Applied Psychology	ID	03	-	-	03
2	Medical Surgical Nursing – II	Major	03	03	01	07
3	Health Assessment – II	Major	01	-	01	02
4	Pathophysiology – II	Major	02	-	-	02
5	Clinical Pharmacology and Drug Administration –	Major	02	-	-	02
6	Professional Ethics for Nurses	Major	02	-	-	02
TOTAL CREDIT HOURS						18
SEMESTER V						
1	Civics and Community Engagement	GE	02	-	-	02
2	Pediatric Health Nursing	Major	03	03	01	07
3	Maternal, Neonatal and Child Health Nursing	Major	02	01	-	03
4	Epidemiology	ID	02	-	-	02
5	Infectious Diseases	ID	02	-	-	02
TOTAL CREDIT HOURS						16
SEMESTER VI						
1	Principles of Teaching & Learning	ID	03	-	-	03
2	Public Health Nursing	Major	02	02	-	04
3	Mental Health Nursing	Major	03	02	01	06
4	Introduction to Biostatistics (QR II)	GE	03	-	-	03
5	Culture, Health & Society	GE	02	-	-	02
TOTAL CREDIT HOURS						18

Curriculum

BS NURSING (BSN) – DETAILED CURRICULUM						
HEC Standardized Scheme of Studies 2026 8 Semesters 134 Credit Hours						
S.No.	Course Title	Category	Theory	Clinical	Skills/Lab	Credits
SEMESTER VII						
1	Leadership & Management	ID	02	01	-	03
2	Critical Care Nursing	Major	02	04	01	07
3	Introduction to Nursing Research	Major	03	-	-	03
4	Entrepreneurship	GE	02	-	-	02
5	Elective	Major	02	-	-	02
TOTAL CREDIT HOURS						17
SEMESTER VIII						
1	Geriatric Nursing	Major	1.5	1.5	-	03
2	Trends and Issues in Health Care	Major	02	-	-	02
3	Expository Writing	GE	03	-	-	03
4	Elective	Major	-	-	-	03
5	Clinical Practicum	CP	-	04	-	04
TOTAL CREDIT HOURS						15
TOTAL BSN PROGRAM CREDIT HOURS						#REF!

POST-DEGREE INTERNSHIP

One (01) year of paid internship after completion of all credit requirements of the BSN degree.

Holidays

Note: These dates are tentative. IUHS will issue an official notification regarding the declaration of the holiday.

Events / Occasion	Day & Date
Ashura	15-Jul-26
Independence Day	14-Aug-26
Eid Milad-un-Nabi (S.A.W.W)	25, August 2026
Death Anniversary of Quaid-e-Azam	11-Sept-26
Iqbal Day	09-Nov-26
Quaid-e-Azam Day / Christmas	25-Dec-26
Kashmir Day	05-Feb-27
Pakistan Day	23-Mar-27
Eid-ul-Fitr	Approx. March 2027 (To be announced)
Labor Day	01-May-27
Eid-ul-Azha	Approx. May 2027 (To be announced)

Fee Structure

Tuition fee charge are subject to change without any notice.
Current charges are follows:

Fee Title	Undergraduate Program (BSN)	Diploma (CMW)
Application Processing Fee	3,500/=	1,800/=
Admission Fee	130,500/=	25,000/=
Security Deposit	5,500/=	5,500/=
Registration / Enrollment Fee (In Each Semester)	As per DUHS	As per SNEB
Lab / Library Fund (In Each Semester)	-	-
Student Activity Fee (In Each Semester)	-	-
Examination Fee (Per Course)	As per DUHS	As per SNEB
Tuition Fee (Semester)	107,000/=	138,000/= (Yearly)
At the Time of Admission (Total)	246,500/=	170,300/=
Hostel fee monthly (15,300)		

Instructions

1. Every applicant will be issued with a unique challan number which will be generated after the candidates submit their CNIC or phone number in the online portal. System will generate unique challan number.
2. Candidate should submit the mentioned fee on challan to any HBL branch.
3. Application needs to upload the image of paid fee challan on the portal.
4. After verification of documents system will generate admit cards.
5. Candidates with incomplete forms, attached unpaid fee or not meeting admission 17 criteria will not be issued admit cards.
6. The decision of the admission committee will be final.
7. Enrolment, Examination, Certification, Degree Convocation and Documents verification all fees to be paid by the candidate as per DOW rules.
8. Management can change fee charges without any notice.

Examination Rules

Course Grading System

Performance of the students in the examination shall be assessed on the basis of marks obtained from a total of 100 marks in each course. The marks obtained, shall be presented as Numerical Grade (N.G) and Alphabetical Grade (A.G) as explained below: Assessment of performance on the basis of marks out of 100 fixed for a course recommended in course outlines of different disciplines will be termed as Numerical Grade (NG). Equivalent of numerical grade in terms of alphabets shall be termed as Alphabetical Grades (AG) and each letter carries a value in terms of numerical points termed as Grade Point Average (GPA). Over all grading for the declaration of result will be

Credit Transfer Policy

Transfer into SMIU can only be accepted for candidates who have studied or are currently studying at HEC recognized university. The request for transfer must be made at the time of admission. SMIU reserves the right to accept or reject all or any such candidates. Credit Transfer applicants need to complete all requirements of the admission process and secure a valid admission. Once an admission offer has been made, then the applicant shall submit Credit Transfer request along with other required documents. A transfer committee appointed by SMIU shall determine the courses to be accepted for transfer of credits of such candidates.

Numerical Grade	Alphabetical Grade	Grade Point Average (GPA)
80 – 100	A+	4.00
75 – 79	A-	4.00
70 - 74	A-	3.70
67 – 69	B+	3.3
63 – 66	B	3.0
60 – 62	B-	2.7
56 – 59	C+	2.3
50 – 55	C	2.0
00 - 49	F	0.0

CGPA requirement for completion of Undergraduate For completion of the degree, the minimum qualifying CGPAs for undergraduate, graduate program are 2.0 and 3.0 (Course Work) respectively.

Credit Hours for Undergraduate Degrees A credit hour means teaching a theory course for one hour each week throughout the semester.

Admission Requirements:

Eligibility Criteria: 12 years of education, intermediate (pre – medical) or A- level with at least 50% marks

Age limit: 16-35 years on admission

Interview: Final dates for the interview to be sent via email

Merit formula: SSC & HSSC (or equivalent): 40%, Entry Test: 40% Interview 20%.

Entry Test:

1. All candidate applying will have to appear in the written one correct multiple-choice question-based entrance test as per NTS rules.
2. The highest-scoring candidates will be selected according to the number of available seats, will be shortlisted for the final interview by the Selection Committee.
3. Entry test will be based on A Level/Intermediate or equivalent.
4. Entry test curriculum/course content will be from following subjects. Biology, Physics, Chemistry, English, General knowledge & Analytical questions.

Final decision: Admission decision to be made after a final decision by the admission committee

Documents to be submitted:

Application for admission to the course must be submitted online, available at IUHS website **www.iuhs.edu.pk**
(Online portal link: <https://admission-iuhs.fffii.app/application/>) along with the following documents:

- Intermediate certificate or its equivalent from a recognised board/institute.
- Marks certificate of intermediate or its equivalent.
- Matriculation certificate.
- Recent passport size photograph.
- Sindh Domicile and permanent residence certificate issued by a competent Authority (for Pakistani nationals).
- Computerised National Identity Card (for Pakistani nationals)/B-Form
- Migration Certificate (Other than Karachi Board)

General Performance Conduct

- Attendance in lectures is compulsory; students with less than 85% (Theory) and 100% (Clinical) attendance will not be allowed to appear in examinations.
- Absences must be accounted for by parents/guardians.
- Students cannot form political or religious societies/organisations.
- No student unions may be formed without permission of the Principal.
- Students must maintain a neat, professional appearance (lab coats are mandatory).
- Any student without a lab coat will be fined.
- Students not meeting program standards may face dismissal or disciplinary action.
- Students are prohibited from private practice or employment; violations will be reported to the disciplinary committee.
- Publications (scientific or literary) require Principal's approval, with a draft copy submitted for record.
- Students may not address the national press on political matters or issues linked to college administration.
- Communication to higher authorities must go through the Principal.
- Smoking and other activities harmful to college discipline are strictly prohibited.
- The Principal may issue additional disciplinary orders as needed.

Student Professional Conduct

- **Academic Integrity** - Students must avoid plagiarism, cheating, and academic misconduct; violations may result in suspension or expulsion.
- **Respect** - Students must respect the dignity of faculty, staff, and fellow students; harassment, bullying, or disrespect will result in disciplinary action.
- **Confidentiality** - Students must protect patient information, research data, and sensitive institutional information; breaches will result in investigation.
- **Use of University Property** - Resources, facilities, and equipment must be used responsibly and only for academic purposes.
- **Punctuality** - Students must attend scheduled classes and clinical commitments; repeated tardiness or unauthorised absence will affect academic standing.
- **Dress Code** - Professional attire or prescribed uniforms must be followed.
- **Zero Tolerance for Harassment** - Any form of harassment, including sexual harassment and discrimination, will face strict disciplinary measures.
- **Alcohol, Substance Abuse, and Smoking** - Prohibited on campus; violations may result in suspension or expulsion.
- **Reporting Violations** - Students are encouraged to report unethical behaviour; reports will be handled confidentially without retaliation.
- **Patients' Rights** - Students must respect patient dignity, confidentiality, and informed consent.
- **Research Misconduct** - Falsification, plagiarism, or fabricating data will be investigated by the Institutional Review Board.
- **Open Communication** - Students are encouraged to report unethical behaviour through official channels; whistleblowers will be protected.

Rustication

A student may be rusticated by the disciplinary committee for up to three years if found guilty of:

- Taking forceful possession, making unauthorised use of, or damaging any property.
- Involvement in agitational activities.
- Indulging in actions detrimental to the good order of the college.
- Adopting unfair means during examinations.
- Disobeying an order of suspension.
- Any other act deemed inappropriate by the Principal or the disciplinary committee.

Suspension

A student shall be liable to suspension of up to six months for:

- Using unfair means during examinations (further action may be taken by the disciplinary committee, and the student will not be allowed to appear in remaining exams until a final decision is made).
- Misbehaviour with faculty, staff, or fellow students.
- Disobedience or spreading false rumours.
- Using indecent or offensive language.
- Inciting violence or raising political/religious slogans.
- Quarrelling, fighting, or abusive behaviour.
- Violation of the dress code.
- Interfering with administration, including examination processes.
- Acts of immorality.
- Involvement in political activity, including displaying posters.
- Continuous absence of more than three weeks without permission.
- Appearance in an FIR for a non-bailable criminal offense (suspension will continue until the case is resolved).