

PROSPECTUS 2025 - 2026



INDUS COLLEGE OF NURSING AND MIDWIFERY



MESSAGE FROM THE DEAN

With Allah's kind blessings, IUHS has grown further both in size and quality. This year sees strengthening of already established programs with more robust monitoring and evaluation processes as well as starting new programs. Our 4 colleges have started their new intakes. Along with digitizing our processes, IUHS remains committed to faculty development. The second batch of CHPE is a proof of this commitment where IUHS is the only organization providing training to Allied Health Faculty and equipping it to meet the current and future needs.

As we slowly and surely move closer to the new University building, it is imperative that we invest in our human resources and embrace new technology. The Academic Directorate will now be introducing AI in its teaching and will ensure our students are ready to meet the challenges of the world when they pass out.

The introduction of community services is a great start and in keeping with the mission and vision of IHHN. New colleagues have joined while some friends have moved to other places. I am grateful to all the faculty and support staff who have worked tirelessly to produce wonderful results this year. A very special thank you to PGME Committee and Board of Studies for their extraordinary support and contributions.

I pray to Allah to help advance IUHS to become a leading center of educational institution of the region.

Thank you
Prof. S. Zafar Zaidi
Dean IUHS
CEO IHHN

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MESSAGE FROM THE ASSOCIATE DEAN

Assalamualaikum,

As the Associate Dean of the University, I extend my heartfelt gratitude to Allah (swt) for the remarkable achievements we have accomplished. Alhamdulillah, the past year has been incredibly rewarding. Under the IUHS banner, our colleges have soared to new heights, and we are now on the verge of launching an Integrated Campus Management system and an online admission system is about to be launched.

At IUHS, our commitment to strengthening our faculty and students is paramount. We have initiated QEC training at all our colleges. Additionally, we have introduced four new courses, including a first of its kind clinical pharmacy course. Our collaborative community work with the psychosocial department has broadened the horizons for our students. We take immense pride in announcing the 2nd round of CHPE for our allied health teachers.

We firmly believe that, with the help of these small yet significant steps, Insha Allah, we are edging closer to our vision of establishing a university that nurtures and produces the finest medical professionals, equipped to provide holistic care.

Dr. Ghina Shamsi
Consultant General Surgery
Associate Dean, IUHS
MBBS, MCPS, FCPS (Surgery)
MRCS (Glasgow), MHPE
Indus Hospital and Health Network

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MESSAGE FROM THE COLLEGE PRINCIPAL

It is a great pleasure and honor to share the Annual Report 2024-25 of Indus College of Nursing & Midwifery (ICoNM). Our students, faculty, and staff have been hard at work, and we are excited to provide complete information about our college, the nursing programs we offer, our students, graduates, and our accomplishments in this report.

At Indus College of Nursing & Midwifery (ICoNM), we are committed to preparing excellent nursing professionals. Our goal is to advance nursing knowledge and promote health and well-being through excellence in nursing education, practice, research, and teaching innovation. We achieve this through strong teamwork and our core values of collaboration, innovation, diversity, professionalism, and compassion.

We recognize the growing demand for highly-qualified nurses at both national and international levels in leadership roles, clinical care, teaching, and research. Our programs are designed with the belief that nurses can achieve a fulfilling career and a rewarding life while receiving their education at the ICoNM.

ICoNM is one of the best nursing colleges in Pakistan. In addition to providing a conducive environment for learning with all necessary facilities, it also offers financial aid and hostel accommodations for students. Our faculty members are lifelong learners who stay current with changes in technology, health sciences, and teaching methodologies. They are fully capable of playing an essential role in reshaping and delivering quality healthcare.

This Annual Report-2024 highlights all the salient features of Indus College of Nursing & Midwifery that can help you decide why ICoNM is the right choice for pursuing a career in nursing education. We look forward to helping you reach your career goals and become future healthcare leaders.

Hakim Shah
Principal,
Indus College of Nursing & Midwifery,
Indus University of Health sciences



An Introduction to College



MISSION

Our mission is to prepare competent, skillful and professional nurses through contextually relevant training, professional development and research, and enabling them to promote health and well-being and meet the health needs of the people of Pakistan and beyond.

VISION

ICoNM aspires to become an institution of distinction in nursing education through contemporary education, applied research, ethical practice and humanistic service.

Introduction

Indus College of Nursing & Midwifery (ICoNM) formerly known as Islamic Mission Trust School of Nursing, is the first academic unit of The Indus Hospital and Health Network. The College offers programs of diploma to undergraduate level of Nursing.

In 1994, Mrs Amtul Anis laid the foundation of this institute & started it with a group of just 35 female students offering them 3-year General Nursing program.

In 2009 BSN Generic and Post RN Midwifery programs were initiated. Which flagged its worth in the market.

ICoNM Objectives:

1. To train the nurses in an environment where they excel professionally, ethically and morally in order to maintain the highest standards of the nursing profession.
2. To produce well qualified nurses to:
 - a. Establish a comprehensive community service to comply with health promotion and prevention activities.
 - b. Upgrade the institute; to offer facilities of higher level of education/ training in degree programs.

FACULTY

Mr. Hakim Shah
Principal
BSN, MSN & P.hD (Scholar)



Mr. Danish Ali Siddiqui
Vice Principal
BSN, MSPH & MSN



Mr. Muhammad Yousuf Bhatti
Assistant Professor
Post RN BSN, MSN



Mr. Muhammad Rafiq Siyal
Assistant Professor
Post RN, MSN



Ms. Uzma Piam
Assistant Professor
M.A English Literature, M.
phil Linguistics & Ph.D
(Scholar)



Mr. Imtiaz Ali
Post RN BSN
Senior Lecturer



Ms. Kiran Irfan
Senior Lecture
Post RN, MSN (Scholar)



Mr. Irfan Soomaro
Lecturer
M. phil Linguistics (Scholar)



Ms. Sofia Aqeel
Senior Lecturer
Post RN, MBA (HHCM)



Mr. Ahtisham Parvez
Lecturer
BS-N, MBA (HHCM) & MHPE
(Scholar)



Mr. Muhammad Shafeeq
Demonstrator
Post RN, MSN



Mr. Maqsood Alam
Lecturer
Post RN BSN, MSN (Scholar)



Ms. Kasaf Kali
Lecturer
BSN



Mr. Hamid UL Haq
Lecturer
Post RN BSN



Mr. Hafiz AMMAD Abdul Rab
Lecture
Shahdatul Almiya Fil Uloomal
Arabic wal Islamia



Ms. Asma Atif
Demonstrator
Post RN BSN



Ms.Urooj Naeem
Demonstrator
BSN



Ms. Komal Ammar
Demonstrator
Post RN BSM



Ms. Komal Ramzan
Demonstrator
Post RN BSN



Ms. Isra Abid
Demonstrator
BSN



Ms. Kazia Ishqq
Demonstrator
BSN



Ms. Farhana Eric
Demonstrator
Post RN BSN



PROGRAM OFFER

Undergraduate Programs	
Description	Program Duration and Eligibility
Bachelor of Science in Nursing (BSN) (4 - year degree program)	• Academic Qualification: - Matriculation (Physics, Chemistry & Biology as compulsory subjects). - HSSC (pre-medical) with 50% marks minimum (Physics, Chemistry & Biology as compulsory subjects). • Migration certificate required if HSSC is completed from outside Karachi board. • Age: 16-35 years. • Sindh Domicile only.
Post-RN Bachelor of Science in Nursing (POST-RN BSN) (2 - year degree program)	• Academic Qualification: Matriculation (Biology, Chemistry & Physics as compulsory subjects) - Migration certificate required if Matriculation is completed from outside Karachi board - Professional Qualification: - Diploma in Nursing - Diploma in Midwifery (any post-basic specialty for male in lieu of midwifery) - Valid Pakistan Nursing Council registration

Diploma Programs	
Description	Program Duration and Eligibility
Diploma in Community Midwifery (1-year program only for females)	• Matriculation in Art or Science. subjects with 40% marks obtained. • Age: 14-40 years. • Only for Females.

PROGRAM DESCRIPTION

Bachelor of Science in Nursing (BS-N): In line with Pakistan Nursing and Midwifery Council (PNMC), candidates may apply for the four-year BScN Programme if their age is within 14 years to 35 years on January 1, 2025. Marital status is not a consideration.

Candidates applying to the BScN programmes should have completed the Higher Secondary School Certificate (HSSC) in the pre-medical group with a minimum of 50% or equivalent with biology, chemistry and physics. Candidates should have completed the Secondary School Certificate (SSC) or equivalent in the Science group with biology, chemistry and physics as compulsory subjects.

Community Midwifery (2-year diploma program)

Pakistan has one of the highest maternal mortality ratios in South East Asia. According to the available statistics over 80% of women deliver at home in Pakistan. Trained health professionals conduct 5% of these deliveries, the rest are delivered by a female who could be a Dai, a traditional birth attendant, a family member or a neighbor. Internationally accepted figures state that 85% of all births can be handled or conducted safely by properly trained midwives. Only 15% of women will develop complications requiring a higher level of professional skills. Most countries of the world have lowered their maternal mortality through the wider involvement the professional midwives.

CURRICULUM STRUCTURE

CURRICULUM STRUCTURE BSN	
Duration	4-Years
Semesters	8
Courses	42+2=44 (42x3=126 Cr H & 2x2 = 4 Cr H)
Total Credit Hours	138

CURRICULUM PLAN				
FIRST SEMESTER				
S #	Course Code	Course Title	Pre-Req	Credit Hours
1.	NU-141	Fundamental of Nursing-I	Nil	4
2.	SC-121	Microbiology	Nil	3
3.	SC-122	Anatomy and Physiology-1	Nil	3
4.	SC-123	Biochemistry for Nurses	Nil	3
5.	HU-111	Computer Skills	Nil	1
6.	EN-131	English – I	Nil	2
SECOND SEMESTER				
S #	Course Code	Course Title	Pre-Req	Credit Hours
1.	NU-212	Fundamental of Nursing – II	Nil	4
2.	SC-222	Anatomy and Physiology – II	Nil	3
3.	NU-232	Community Health Nursing – I	Nil	3
4.	NU-242	Applied Nutrition	Nil	1
5.	HU-262	Islamiat	Nil	2
6.	HU-272	Pak. Studies	Nil	2
7.	EN-252	English – II	Nil	2
THIRD SEMESTER				
1.	NU-231	Adult Health Nursing – I	Nil	8
2.	SC-233	Pathophysiology – I	Nil	2
3.	NU-233	Health Assessment – I	Nil	2
4.	SC-243	Pharmacology – I	Nil	2
5.	SC-253	Mathematics	Nil	1
6.	EN-263	English – III	Nil	2
Fourth SEMESTER				
1.	NU-214	Adult Health Nursing – II	Nil	8
2.	SC-224	Pathophysiology – II	Nil	3
3.	NU-234	Health Assessment – II	Nil	2
4.	HU-244	Developmental Psychology	Nil	2
5.	SC-254	Pharmacology – II	Nil	2

6.	EN-264	English – IV	Nil	2
7.	NU-274	Nursing Ethics	Nil	1
FIFTH SEMESTER				
1.	NU-215	Pediatrics Health Nursing	Nil	7
2.	NU-235	Community Health nursing – II	Nil	6
3.	NU-225	Tropical Diseases	Nil	1
4.	NU-245	Teaching/Learning Principles and Practices	Nil	3
5.	EN-255	English – V	Nil	2
SIXTH SEMESTER				
1.	NU-216	Mental Health Nursing	Nil	6
2.	SC-226	Introduction to Biostatistics	Nil	3
3.	HU-236	Behavioral Psychology	Nil	3
4.	SC-246	Epidemiology	Nil	2
5.	EN-256	English – VI	Nil	2
6.	HU-266	Culture , Health and Society	Nil	2
SEVENTH SEMESTER				
1.	NU-217	Critical Care Nursing	Nil	7
2.	NU-227	Introduction to Nursing Theories	Nil	2
3.	NU-237	Leadership and Management in Nursing	Nil	3
4.	SC-247	Nursing Research	Nil	3
5.	EN-257	English – VII	Nil	2
EIGHT SEMESTER				
1.	NU-218	Community Health Nursing – III	Nil	5
2.	NU-228	Nursing Seminar / Role Transition	Nil	2
3.	NU-238	Clinical Practicum	Nil	5
4.	EN-248	English – VIII	Nil	2

FEE STRUCTURE

Fee Title	Undergraduate Program (BSN)	Undergraduate Program (Post RN)	CMW Diploma
Application Processing Fee	2800/=	2800/=	1800/=
Admission Fee	BSN (118,450/=)	Post RN (106,260/=)	CMW (17,250/=)
Security Deposit	5,500/=	5,500/=	5,500/=
Registration / Enrollment Fee (In Each Semester)	As per DUHS	As per DUHS	As per SNEB
Lab / Library Fund (In Each Semester)	-	-	-
Student Activity Fee (In Each Semester)	-	-	-
Examination Fee (Per Course)	As per DUHS	As per DUHS	As per SNEB
Tuition Fee (Semester)	BSN (92,750/=)	Post RN (83,500/=)	CMW (34,500/=)
At the Time of Admission	BSN (216,700/=)	Post RN (195,260/=)	CMW (57,250/=)
Fee in Subsequent Semesters	-	-	-

ACADEMIC CALENDAR

EVENTS / ACTIVITIES	COMMENCEMENT DATE	CLOSING DATE
Fee Submission	02 nd week of January	Till 1 st week of February
Course Registration	02 nd week of January	Till 3 rd week of February
Commencement of Classes	4 th week of February	-
Add /Drop /Withdrawal /Freezing Courses/ Semester	-	-
Mid-Term Examinations	4 th week of April	1 st week of May
Final Term Examinations	4 th week of June	1 st week of July
Result Announcement	4 th week of July	-

HOLIDAYS

Events	Day & Date	Description
Aushura	15 th , July, 2026	Public Holiday
Independence Day	14 th , August, 2026	Public Holiday
Chehlum Imam Hussain (R.A)	25 th , August, 2026	Public Holiday
Defence Day	06 th , September, 2026	Public Holiday
Death Anniversary of Quaid-e-Azam	11 ^t , September, 2026	Public Holiday
Eid Milad-un-Nabi (S.A.W.W)	16 th , September, 2026	Public Holiday
Iqbal Day	09 th November, 2026	Public Holiday
Quaid-e-Azam Day/Christmas	25 th , December, 2026	Public Holiday
Kashmir Day	05 th , February, 2026	Public Holiday
Pakistan Day	23 rd , March, 2026	Public Holiday
Eid Ul Fitar	09 th , April to 12 th , April, 2026	Public Holiday
Labor Day	01 st , May, 2026	Public Holiday
Eid Ul Azha	17 th , June to 20 th , June, 2026	Public Holiday

EXAMINATION RULES

Course Grading System

Performance of the students in the examination shall be assessed on the basis of marks obtained from a total of 100 marks in each course. The marks obtained, shall be presented as Numerical Grade (N.G) and Alphabetical Grade (A.G) as explained below: Assessment of performance on the basis of marks out of 100 fixed for a course recommended in course outlines of different disciplines will be termed as Numerical Grade (NG). Equivalent of numerical grade in terms of alphabets shall be termed as Alphabetical Grades (AG) and each letter carries a value in terms of numerical points termed as Grade Point Average (GPA). Over all grading for the declaration of result will be

Numerical Grade	Alphabetical Grade	Grade Point Average (GPA)
80 – 100	A+	4.00
75 – 79	A-	4.00
70 - 74	A-	3.70
67 – 69	B+	3.3
63– 66	B	3.0
60 – 62	B-	2.7
56 – 59	C+	2.3
50 – 55	C	2.0
00 - 49	F	0.0

Credit Transfer Policy

Transfer into SMIU can only be accepted for candidates who have studied or are currently studying at HEC recognized university. The request for transfer must be made at the time of admission. SMIU reserves the right to accept or reject all or any such candidates. Credit Transfer applicants need to complete all requirements of the admission process and secure a valid admission. Once an admission offer has been made, then the applicant shall submit Credit Transfer request along with other required documents. A transfer committee appointed by SMIU shall determine the courses to be accepted for transfer of credits of such candidates.

CGPA requirement for completion of Undergraduate For completion of the degree, the minimum qualifying CGPAs for undergraduate, graduate program are 2.0 and 3.0 (Course Work) respectively.

Credit Hours for Undergraduate Degrees

A credit hour means teaching a theory course for one hour each week throughout the semester.